Author, trainer and coach, Pat Altvater, has natural credibility which inspires her audiences to take action. Her over 15 years of sales and sales experience coupled with 10 years of entrepreneurship gives Pat the ability to relate to her audiences. Her infectious, positive “can-do” attitude has helped hundreds of individuals reach their highest potential.

In her entertaining, high-energy style, she packs her presentations full of how-to’s, tools and worksheets, real life stories and humor, leaving people saying “WOW – I can BE and DO this now.”

During every presentation, Pat lives her mission of “helping others showcase their expertise and achieve their desired results whether it is building their business, attracting their perfect customer or nurturing themselves so they can attain peak performance.”

With more than 20 years of experience delivering training programs, workshops and retreats, Pat consistently receives rave reviews. “Energetic, Engaging and Educational” are the words most commonly used to describe Pat Altvater.

Some testimonials:

“Pat’s engaging keynote helped us bring awareness to and then eliminate those beliefs holding us back from achieving our best. I highly recommend Pat Altvater to anyone who wants to provide their group with a session that is a life changing experience!” Irina Haydon, Vice President, Heartland Payment Systems

“Pat, great presentation last night, very spirited and right on! I truly enjoyed listening to you share the wisdom you have gained over your years as an entrepreneur. Thank you again for giving everyone some great food for thought. Oh, by the way, I read your book and LOVED IT!” Carol Kirken, NVP, Arbonne International

As an entrepreneur, Pat opened 10 franchised women's only fitness facilities and took them to profitability within the first year.  Pat was featured as a childhood obesity expert on Fox TV News and has been quoted in numerous newspaper stories.  She also created and hosted the Moms Outsmarting Obesity Tele-Summit.  During this time period she discovered what it takes to be seen as an expert on the Internet.  This knowledge led to the creation of the BizTV Shows online Network which features elite networks of local experts providing quick tip videos to help small to mid-sized business owners either grow their business or improve their quality of life.

Pat’s education includes a master’s degree from Virginia Tech and a bachelors from Michigan State University.  She is a member of the National Speakers Association, several Chamber of Commerce’s, National Association of W.O.M.E.N., DamesBond, Rainmakers, NAWBO, and eWomen Network.

She is the author of *Choose Success - Ignite the Power Within.*  Pat believes having a success mindset and helping others achieve their goals is the key to her success!